

# The Marriage Course

The Marriage Course is a series of seven sessions, designed to help couples invest in their relationship and build a strong marriage. It offers practical support and is designed to help couples build strong foundations, learn to communicate more effectively and resolve differences well.

- 1 Strengthening Connection
- 2 The Art of Communication
- 3 Resolving Conflict
- 4 The Power of Forgiveness
- 5 The Impact of Family
- 6 Good Sex
- 7 Love in Action



The  
Marriage  
Course